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Free Range Egg Mayonnaise

6 minute boiled eggs in our creamy

mayonnaise. (Add your extras).

	Bag	S/wich		Bag	S/wich
House Salt Beef Brisket Slices of tender slow poached salt cured beef Melts in the mouth! (Try it with shredded gh		£3.95	Classic Tuna Mayo Dolphin friendly tuna in our creamy lemon mayonnaise. (Add your extras).	£2.65	£2.35
<b>Hog Roast Pulled Pork</b> Shredded slow roast Welsh white hog in our house BBQ sauce. (Add your extras).	£4.05	£3.75	Coronated Breast of Chicken Roast chicken breast chopped into a curry spiced mayonnaise. (Add your extras).	£2.85	£2.65
<b>Pork, Stuffing &amp; Crackling</b> Shredded aromatic shoulder pork confit with crackling and sage and bay stuffing.	£3.50 crispy	£2.95	Bacon, Lettuce & Tomato Thick cut back bacon with lettuce, tomato & our citrus mayo (Add your extras).	£2.65	£2.35
<b>Tuna with Dancing Demons</b> Dolphin friendly tuna with our spicy pickled chillies and pickled pink onions. Spicy!	£3.55	£3.25	<b>Slow Roast Turkey Breast</b> Fresh carved succulent turkey breast with options. (Add your extras).	£2.65	£2.35
Welsh Cold Cuts Baguette Any selection of 3 from:  - Sliced brawn (from the pigs head).	£3.85	£3.50	Smoked Salmon & Cream Cheese Oak smoked salmon with chive cream cheese & cucumber.	£3.95	£3.65
<ul> <li>Sliced spiced faggots.</li> <li>Pressed pig's tongue.</li> <li>Sliced bay infused belly pork.</li> <li>Sliced salt beef brisket.</li> </ul>			Atlantic Prawn Mayonnaise Sweet flavoured deep water prawns with our citrus mayonnaise.(Add your extras).	£3.05	£2.85
<ul><li>Sliced house gammon ham.</li><li>Sliced roast turkey.</li></ul> Add your extras – try it with pickled pink onio	ons.		<b>Brie &amp; Bacon</b> Welsh brie style cheese and house cured bacon. (Add your extras).	£2.95	£2.65
Classic Sandwiches:			Chicken & Bacon Roast chicken breast with crisped bacon ir a citrussy mayonnaise. (Add your extras).	<b>£2.85</b>	£2.55
<b>Real Roast Gammon Ham</b> Slices of WA Harris tender house roast gamm not the fake plastic interloper! (Add your extr		<b>£2.35</b> -	Chicken & Mayonnaise Roast chicken in our citrussy mayonnaise. (Add your extras).	£2.85	£2.55
<b>Slow Cooked Beef Brisket</b> Slices of WA Harris slow roast beef brisket over-generously sliced. (Add your extras).	£2.65	£2.35	<b>BBQ Chicken</b> Roast chicken in our smokey house BBQ sauce. (Add your extras).	£2.85	£2.55

£2.55 £2.25

**Cheddar Cheese** 

(Add your extras).

Grated Welsh Cheddar. Mature and tangy.

**Classic Sandwiches Continued:** 

**Cheese & Winter Slaw** £2.65 £2.95 Grated Welsh Cheddar with our house Winter S/wich coleslaw. (Add your extras).

£2.55 **Mexican Spiced Tuna** £2.85 £2.35 Dolphin friendly tuna with chilli & paprika spiced Mayonnaise and mixed peppers. (Add your extras).

> £2.55 **Sweet Chilli Chicken** £2.85 100% chicken breast served with

You Sandwich Not Here? Ask us – we've got it!

# Sandwich Extras:

£2.35

£2.65

# **CHOICES!**

#### **CHOOSE YOUR BREAD:**

Sliced Crusty White, Sliced Wholemeal, Baquette (+30p), Bagel, Crusty Cob, Soft Bap, White Sub, Seeded Bap, Wholemeal Bap.

#### **CHOOSE YOUR EXTRAS:**

Welsh mustard (fiery), House spiced chutney (tangy), Free range mayonnaise, House cranberry sauce, House horseradish sauce (creamy & fiery), Pig Aderyn apple sauce (sweet Welsh apple), House pickled pink onions (sharp & sweet +10p), Shredded gherkin (crisp & tangy +10p), House winter slaw (creamy, crunchy winter veg +15p), House winter salad (sweet & sharp winter veg +15p), Sage & bay stuffing (+15p), Wild rocket (peppery +15p), House dressed salad (lettuce, tomato +15p), House naked rocket salad (rocket and pickled pink onions) (+20p), Sliced vine tomatoes (+20p), Mushrooms (+30p).

Favourite not here? Ask us - we've got it!

There's even more...



## **Pressed Panini Sandwiches:**

(We can't quarantee our toasties will be hot on delivery but if you're technologically blessed pop them in the microwave for 30 or 40 seconds!)

#### **Pressed BBQ Chicken Melt** £2.95

Roast chicken breast with our smokey BBQ sauce (Add vour extras).

#### **Pressed Chicken & Bacon Melt** £2.95 Roast chicken breast and house cured bacon (Add your extras).

Pressed Sweet Chilli Chicken Melt £2.95 Roast chicken breast and house sweet chilli sauce. (Add your extras).

#### **Pressed Tuna Melt**

Flaked dolphin friendly tuna hot pressed with cheese and red onion. (Add your extras).

£2.95

#### **Pressed Mexican Tuna Melt** £2.95

Hot pressed dolphin friendly tuna with chilli & paprika and mixed peppers (Add your extras).

#### **Pressed Ham & Cheese Melt** £2.95

Real gammon ham hot pressed with Welsh mature cheddar. (Add your extras).

#### Pressed Beef & Mustard Melt £2.95

Slow roast brisket hot pressed and dressed with Welsh mustard. (Add your extras).

#### **Pressed Brie & Bacon** £2.95

Gooey melted Welsh brie style cheese and house cured bacon. (Add your extras).

#### **Pressed Tomato Melt** £2.95

Fresh flash fried tomatoes hot pressed with Welsh cheddar. (Add your extras).

### From Our Ovens:

#### The Man and Plough

£3.95

Choice of our homemade shortcrust pork pie or Welsh cawl oggy with a slab of perl wen cheese or Welsh cheddar served with house chutney & crisp bread (Add your extras).

#### Welsh Mutton Cawl Oggy

£1.95

Hearty fold over pasty filled with tender slow cooked Welsh mutton, leeks, and seasonal veg in a thick, real stock sauce. (Add your extras).

#### Faggot & Pea Pie

£2.95

Crisp topped shortcrust pastry cup filled with WA Harris' secretly blended faggots and peas in a rich real stock gravy. (Add your extras).

#### **Classic Pastry Selection £varies**

5" Pork sausage roll:	£1.20
Traditional Beef & veg pasty:	£1.30
Corned beef pasty:	£1.20
Creamy chicken pasty:	£1.30
Melted cheese & onion pasty:	£1.10
Bacon & Cheese Puff:	£1.30

# **Specials Board**

Our Specials Board changes daily so please ask us what's up there today.

#### **Previous Specials have included:**

- Hot Roast Pork, Stuffing, & Apple Sauce.
- Creamy Cockle & Bacon Pie
- Minute Steak & Mushroom Sandwich
- Crispy Pig's Ears with 3 Dips
- Crunchy Welsh Rarebit Gouions with Brains Dark Ale.
- Bakery Bubble & Squeak with Crispy Bacon
- Faggots & Peas with Real Stock Gravy

## Salad Bar:

#### **Gym Bunny's Salad**

£4.95

Super healthy high protein low fat! Lean turkey breast, cottage cheese, butter beans, shredded beetroot, carrot, and celery with sunflower seeds.

#### **Tuna & Dancing Demons**

£4.95

Flaked dolphin friendly tuna with hard boiled egg, mixed leaf salad, capers (optional), and pickled pink onions and mild chilli.

#### Welsh Goats Cheese & Cured Ham £4.95

Soft goats cheese served with Carmarthen ham, vine tomatoes, shredded beetroot, wild rocket, and crisp lettuce.

#### **Chicken & House Winter Slaw** £4.95

Bay poached chicken breast with creamy shredded winter veg, red onion, and pine nuts.

#### Chicken, Bacon & Avocado £4.95

Bay poached chicken breast with crispy belly bacon, sliced avocado, lettuce & vine tomato.

#### **Salt Beef Caesar Salad** £4.95

House cured brisket with hard boiled egg, shredded gherkins and lettuce, vine tomatoes, garlic croutons, and a classic Caesar dressing.

#### **Greek Feta Salad** £4.95

Diced feta cheese with vine tomatoes, black olives, pickled cucumber, red onion and dressed shredded lettuce.

#### 12 Hour Ham Hock & Bean Salad £4.95

Flaked 12 hour cooked ham with butter beans, shredded red onion, and chopped tomato & basil relish.



#### **Pasta Salads**

**Ham Hock & Halloumi Pasta Salad** £4.95 21 hour ham hock with grilled Halloumi cheese, fusilli pasta, and basil oil dressing.

**Tuna Pasta with Pesto** £4.95 Flaked dolphin friendly tuna with fusilli pasta, rich pesto dressing, cherry tomatoes, and pine nuts.

**Duck Egg Niçoise Pasta Salad** £4.95
Hard boiled duck egg with dolphin friendly tuna, black olives, capers and cherry tomatoes in a lemon and olive oil dressing.

Chicken, Bacon & Avocado Pasta £4.95
Bay poached chicken breast with crispy belly bacon, sliced avocado, and cherry tomato in a chilli & coriander dressing.

**Goat's Cheese & Beetroot Pasta** £4.65 Soft Welsh goats cheese with diced beetroot, wild rocket and a sweet vinegar and olive oil dressing.



# **Sweet Things:**

Vanilla Custard Slice	85p
Iced pastry topped vanilla custard.	
Welsh Cake 5 for £:	1.65
Fresh baked traditional cakes.	
Bara Brith	£2.55
Tea soaked sweet fruit cake.	
Jam Doughnuts	55p
Light, fruit jam filled holey heaven.	
Fresh Cream Scone with Jam	99p
Traditional tea time scone and real cream.	
Fresh Cream Éclair	99p
Chocolate topped French choux & real cream	
Fresh Cream Apple Turnover	99p
Appley, cinnamony pastry with real cream.	
Rich Chocolate Brownie	95p
Soft and sugar coated chocolate slice.	
Lemon & Poppy Seed Muffin	95p
Sweet citrus muffin with lemon curd centre.	
Triple Chocolate Chip Muffin	95p
Chocolate overloaded soft centred muffin.	
Caramel Iced Sponge Slice	95p
Light sponge cake with caramel icing.	
1000 Sprinkled Doughnut	69p
Light sugary doughnut with 100's & 1000's	-
Choc Chip Sprinkled Doughnut	69p
Light sugared doughnut with chocolate sprink	des.
Belgian Bun	69p
Light fruity bun with iced topping and cherrie	s.
Chelsea Bun	60p
The original current bun. Deliciously glazed.	-

Ask about our daily sweet oven specials too!

# Crisps & Drinks

Real Crisps Jalapeño Pepper Sea Salt & Black Pepper Ham & Mustard Sweet Chilli Roast Ox Sea Salt & Malt Vinegar Cheddar Cheese & Onion Drink	60p
Can of Coke Can of Diet Coke Bottle of Coke (500ml) Brecon Carreg Still Water (500ml) Can of Dr Pepper Can of Fanta Twist	77p 77p £1.30 65p 77p 77p
Monster Energy Drink Yazoo Milkshake <b>Tea</b>	£1.75 99p
Every day tea Earl Grey Green Tea Peppermint Tea Elderberry Tea Our Fresh Coffee	80p £1.25 £1.25 £1.25 £1.25
Cappuccino Latte Americano Mocha Espresso Double Espresso	£1.25 £1.25 £1.25 £1.25 £1.25 £1.55



Ask us about Buffets & Shindig food. FOOD STREET CATERERS

THE BAKERY, 60 Plasmawr Road, Cardiff, CF5 3JX

02921 320 402

email: info@caterers-cardiff.co.uk web: www.caterers-cardiff.co.uk



At least 10% of every penny we make as a company goes to support the efforts of the incredibly dedicated people at Velindre Hospital's Stepping Stones Appeal. By using us you're helping us help them to help us all. Thank you.